VOLUNTEER COUNSELLOR

Candidate Pack

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INVESTING IN VOLUNTEERS™

ABOUT US

LGBT Health and Wellbeing exists to help LGBTQ+ people across Scotland have somewhere to turn, somewhere to belong, and somewhere they can be themselves.

Since 2003 we've been improving health and wellbeing through counselling, helplines, community groups, support for trans and non-binary people, work with older LGBTQ+ people, LGBTQ+ New Scots, mental wellbeing programmes and national influencing work.

Today we're Scotland's national charity for LGBTQ+ adults. Every year thousands of people access our services because they need connection, support and hope.

None of that happens without our people.

From counsellors and development workers to volunteers, trustees and corporate staff, everyone plays a part in creating welcoming spaces where LGBTQ+ people can feel safe, valued and connected.

ABOUT THE COUNSELLING SERVICE

We are looking for volunteer counsellors to join our Glasgow Counselling Service.

This high-demand service provides in-person and online counselling to members of the LGBTQ+ community from across the Greater Glasgow area. We are a multi-disciplinary team, drawn from different therapeutic orientations. The issues our clients bring to counselling are wide ranging: and may cover gender and / or sexuality or may be about other concerns - but always in an LGBTQ+ affirming space.

We aim to offer a high-quality volunteer / placement experience. We offer monthly group supervision, a contribution towards the cost of individual clinical supervision and can reimburse some expenses.

THE ROLE

Supervisor	**Sophie Lake** - Counselling Coordinator: Glasgow E: sophie@lgbthealth.org.uk T: 0141 255 1767
Role Purpose	To contribute to delivery of an LGBTQ+ informed, affirmative counselling service
Specific Tasks	• Offer weekly one-to-one counselling sessions, in-person or remotely. • Update client records and collect relevant data.
Skills and Qualities Needed	**Knowledge** • Good awareness of current issues facing LGBTQ+ community, including those of refugees and asylum seekers. • Good awareness of issues around trauma, intersectionality, neurodiversity, conversion practices and working with risk. • Commitment to affirmative and anti-discriminatory practice. **Experience** • Registered member of BACP (or equivalent). • At least 40 individual clinical client hours (including client hours accrued as a trainee); delivered using a humanistic approach.
Time Commitment	• Three client hours per week **(between 9am and 5pm, Monday-Friday).** • Two hours per month for internal group clinical supervision. • One year minimum commitment.
Support and Training	• Induction to role, service and wider organisation. • Regular support from Counselling Coordinator. • Additional training opportunities. • Contribution of £45 per month towards external individual clinical supervision. • Local travel expenses (capped at £15).
Expectations of Volunteers	• Willingness to abide by LGBT Health and Wellbeing's policies and values, and BACP Ethical Framework. • Reliability in communication, attendance and availability. • To hold professional indemnity insurance. • To attend regular external individual clinical supervision.
Location of Volunteering	• LGBT Health and Wellbeing Glasgow Office (14 North Claremont St, G37LE), or remotely using Zoom.

Recruitment Process

This pack outlines the role and skills that we are looking for, as well as the selection process and timelines you can expect from us. We ask you to complete the application form.



Please click here for the application form

Please note that the deadline for applications is Friday 27th November, 5pm.

Timeline of Recruitment:

- Interview dates: **1st - 4th December**
- Induction: **14th- 16th December** (around 1.5 hours on one of these days)
- **January/February 2027**- volunteering/placement beginning

Please ensure that your application includes an **email** where you can be contacted.

If you have any questions, or if you would like to request an alternative version of the application form, please contact:
sophielake@lgbthealth.org.uk

LGBT Health and Wellbeing is an equal opportunities employer. We aim to create an equal and fair volunteer recruitment process open to all. We commit to being accessible and welcoming to all the diverse communities and partners that we engage with. If there is anything that we can do to help you throughout this process, please let us know.