

# LGBT Health and Wellbeing



Impact  
Report  
**2024**



**Scotland's health  
and wellbeing charity  
for LGBT+ adults**

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## Welcome

Dear reader,

It's my pleasure to introduce our 2024 Impact Report: a celebration of our achievements, and summary of our activity from April 2023 - March 2024.

LGBT Health and Wellbeing was set up in 2003 to improve the health, wellbeing, and equality of lesbian, gay, bisexual and transgender (LGBT+) people in Scotland. From our proud beginnings as Edinburgh's LGBT Healthy Living Centre, we have grown in to Scotland's largest health and wellbeing charity for LGBT+ adults. Throughout this growth one key factor guides us; We are of and for the community. Together we will achieve our vision:

**A Scotland where LGBT+ people thrive;  
an equal Scotland where who we are does not  
negatively impact our health and wellbeing.**

Whilst we hope for a future where our services are no longer required, Scotland's LGBT+ community do not have to face their multiple and significant challenges alone, and that bares celebrating. Thanks to the generous support of our funders and donors, LGBT Health and Wellbeing is here to offer specialist support, counselling, and information. These services, along with our safer and affirming spaces - where positive relationships can develop and isolation is reduced - provide wholistic support for our community that aim to promote positive mental health, and respond in times of need.

Over-and-above this core support, we've introduced tailored, specialist services for those in our community who face additional barriers including older people, neurodivergent and disabled people, and New Scots.

Life for many LGBT+ people in Scotland is increasingly difficult. The UK once again slipped down the International Lesbian, Gay, Bisexual, Trans, and Intersex Association's (ILGA's) ranking of LGBT+ friendly countries in Europe. In 2015, the UK was top of the ILGA index, a position which it had held proudly for four consecutive years. In 2023 (the most recent data) we rank at number 17 having fallen a further 3 spaces since 2022. Whilst some of this can be explained by the UK being left behind by other European countries better advancing LGBT+ equality, sadly, daily life for a lot of LGBT+ people in Scotland does feel worse than it used to.

The UK has seen a sharp rise in anti-LGBT+ rhetoric, often targeting transgender people by questioning their rights and even their legitimacy. This has created a horribly toxic and hostile environment both in public life and online. LGBT+ people increasingly experience daily microaggressions, verbal abuse, and in some cases, physical violence. Experiencing this directly, witnessing its effects, or reading about the declining acceptance of your community all has a detrimental impact on our community's mental health and wellbeing.

Unsurprisingly, demand for our services has continued to increase, and those accessing our services present with a higher level of anxiety and a more complex combination of need. Additionally, the cost of delivering our services and the challenge of securing the funding required have also increased.

It is in this environment that we celebrate the impact that we were able to achieve this year. We are incredibly proud of our team of staff and volunteers, and are grateful for their passion and dedication to our community. Because of them, and thanks to our funders and supporters, we have improved the lives of thousands of LGBT+ people in Scotland.

Finally, I'd like to thank all of our partner organisations, funders, individual donors, and Trustees. I am deeply grateful for your steadfast support and appreciate all that we've been able to achieve together. I look forward to continuing our impactful work in the future as we work towards our mission, to improve the physical, social, and mental health and wellbeing of LGBT+ adults in Scotland.

Yours in solidarity and service,



A handwritten signature in black ink, appearing to read 'Mark Kelvin'.

**Mark Kelvin** (he/him)  
Chief Executive

# Introduction

Our **four strategic objectives** as outlined in our current Strategic Plan are to:

**1** Make a real difference to our community

**2** Generate funds from a diverse income stream, and increase awareness of our organisation

**3** Attract and retain the best possible team of staff and volunteers who are suitably placed to serve our community

**4** Develop and implement effective and efficient organisational processes and systems

Our organisation's **key operational objectives** are to:

- Create opportunities for LGBT+ people to come together in safe and affirming spaces, enabling them to create, strengthen and build connections and relationships.
- Provide affirmative, varied, and responsive support services that meet the needs of our community and help them to navigate the numerous challenges that we face.
- Centre marginalised LGBT+ voices, such as refugees, older people, QTPOC etc., and provide tailored support for them.
- Support mainstream services on their journey towards increased inclusivity.

## OUR VALUES

**Equality and diversity:** Our team is inclusive and representative of our community. We engage with all sections of the LGBT+ community and our allies. We celebrate diversity.

**Respect:** We value and treat people fairly. We are open, accountable, accepting, trustworthy and supportive.

**Inclusivity:** We are committed to creating services and spaces that are inclusive and intersectional. This means recognising and focusing on those who have been historically shut out from systems of support and those experiencing multiple disadvantages.

**Participation:** Our services are designed by and for the communities they serve. We support, empower and nurture community participation.

**Collaboration:** We are not an island. We work together with each other, community members and partner organisations to achieve goals that benefit us all.

**Excellence:** We strive to deliver high quality and innovative services that achieve the best outcomes for our community.

# Our Work

Through 2023-24, the organisation has continued to engage with a high number of LGBT+ community members. All of our services are open to the entire diversity of our LGBT+ community including non-binary, queer, intersex, asexual people and all identities under the LGBTQIA+ umbrella. Moreover, we offer specific services for those in our community whose intersectional identity can cause them to experience additional barriers. Services delivered in 2023-24 include:

## LGBT REFUGEE PROJECT

2,567 engagements

Launched in 2020, this is Scotland's only specialist support service for LGBT+ asylum seekers and refugees in Scotland.

The service provides specialist information and support to LGBT+ asylum seekers and refugees along with a community programme and volunteering opportunities to help connect LGBT+ 'New Scots' with each other and their wider community.



## Henry's story\*

**Henry** is a gay man from Uganda who has been in a relationship with a Ugandan-British man for over four years. They have been struggling to have their relationship recognised by the Home Office, which has led to more feelings of shame and internalised homophobia; being told they are lying, or purely in a relationship for Home Office purposes. Their solicitor informed them that they needed to attend LGBT+ events to 'prove' that they were gay. Henry has always struggled with big groups, experiencing social anxiety all his life. He had tried to attend events, but found it really difficult to be in a room with so many people, exacerbated by the fear of being outed.

The challenges of navigating the asylum system as an LGBT+ person, combined with the stress this placed on their relationship severely impacted his mental health, and he reached out to our New Scots Project for emotional support. Our Refugee Project Development Worker arranged appointments with him on a 1:1 basis over a number of months to help address some of these challenges.

Over the course of his 1:1 appointments he built his resilience, developed coping strategies for his anxiety, and learned how to demonstrate his identity as a gay man more clearly in different ways for the Home Office. We slowly helped him build his confidence to start attending some of the Asylum Seeker Project's safe and confidential LGBT+ social spaces, which he found incredibly affirming and allowed him to meet other LGBT+ people from Uganda and other countries.

\*We have changed the names in these stories for confidentiality.

“The refugee project has helped me a lot especially emotionally knowing that you have people that understand you. I don't feel lonely anymore and neither do I feel lost or misunderstood. It has given me hope and courage to fight for what is right and that I matter and have rights like any other person. It gave me confidence I can walk with my head high and not be ashamed since it was instilled in our heads that it's taboo and shame from where we come from.”

# TRANSGENDER SUPPORT

## 1,125 engagements

We provide information, one-to-one support, group support, and personal development programmes, along with a variety of safer social opportunities for transgender and non-binary people.

These services are primarily delivered in Edinburgh and Glasgow, and we receive an increasing number of enquiries to our helpline and live chat support service from transgender and non-binary members of our community.

During 2023-24, we have further strengthened our relationships with Gender Identity Clinics located in the central belt, and work to offer proactive support to people who are on their waitlists. This will remain an important part of our programme for 2024-25.



## Christopher's story\*

**Christopher** is a 40 year old trans man who is autistic. He found LGBT Health and Wellbeing online a couple of years ago and got in touch. He was referred to Glasgow Trans Support Project after mentioning that he wanted to change his gender, and the development worker arranged to meet with him.

He desperately wanted to transition but was very scared about coming out to his family, as they had expressed transphobic views in the past. Christopher's anxiety was high and he was also reading and worrying about anti-trans content online.

Our Development Worker supported Christopher to come to one of the Trans Support social spaces to meet other trans people, and also to explore trans and queer culture. They also suggested more positive places online to spend time. The Development Worker continued to meet with Christopher around every six weeks.

He went on to attend Earthlings (our online trans support group) which he loved. He watched a film that showed trans people in a positive light, which another person at the group had enjoyed, and he absolutely loved it - the recommendation and the film itself meant a great deal to him. He continued going to Earthlings and also started to attend T Time - often taking part in the activities, including helping to create banners for Pride.

After around two years, Christopher came out to his Dad, and it went much better than he had expected. His Dad accompanied Christopher to his first Pride in 2023.

\*We have changed the names in these stories for confidentiality.

# MENTAL WELLBEING

## 711 engagements

This varied and person-centred programme, founded within the principles of prevention, promotes and supports mental and emotional wellbeing.

The programme offers practical, emotional, and wellbeing support in one-to-one and group settings.



## J's story\*

J is bisexual and first reached out to LGBT Health and Wellbeing following a relationship breakdown. She was looking for direction, support, and to feel a connection with other LGBT+ folks after coming out later in life.

She first made contact with LGBT Health and Wellbeing through attending a knitting workshop, organised by the Glasgow Mental Wellbeing Service, which enabled folks to learn new skills and connect with community through crafts.

J says, "it was a great first experience, and made me want to come back." As well as enjoying the event itself, J also met other community members, who invited her to other LGBT+ events, creating connections within the community.

Since this event, J has attended a range of Mental Wellbeing events, including Wellbeing Café and a song writing Workshop, as well as feeling more connected to other areas of the community through Coffee Posse and the Queer Women and Non-Binary Group. J also received 1:1 support through the Glasgow Mental Wellbeing Service, which enabled her to have a space to discuss her situation in a safe and affirming environment. J says that being an LGBT+ specific service was one of the key reasons she reached out.

“

I didn't know where to turn. Family, although they were supportive, couldn't support me like LGBT Health and Wellbeing could.

”

\* We have changed the names in these stories for confidentiality.

# COMMUNITY PROGRAMME

## 1,851 engagements

In an effort to reduce the community's reliance on the night-time economy, and sometimes unsafe alternatives, the organisation continues to provide an LGBT+ Social Programme, as well as providing support for affiliated community groups.

The Community Programme aims to reduce isolation and loneliness, and improve mental health and wellbeing by fostering affirmative relationships; offering accepting (sober and safer) spaces, and providing opportunities for people to try new things in a space where they can develop new hobbies, skills, and interests.

We remain immensely grateful to our incredible team of volunteer community group leaders who currently deliver approximately 25 interest-focused groups.



## Lola's story\*

**Lola** is a black, queer, single mum of two teenage children living in Edinburgh. She began attending events in the Edinburgh Community Programme in 2012, first with the Rainbow Families events when her children were young and then again by herself in February 2024 for two of the Queer Climate Justice Events.

Lola had described feeling cut-off from the LGBT community and internalised this as her own fault. However, there were a number of factors impacting her wellbeing and ability to attend. From what Lola has shared, these factors include poverty and the cost-of-living crisis, poor mental health, housing issues and limited availability as a single parent. She also touched on the lack of visibility of other black LGBT+ people as something that upsets her.

The Queer Climate Justice events have enabled LGBT Health to reduce barriers for Lola, so that she may participate, feel less lonely and have her whole identity acknowledged and validated. Lola was able to access these events for free, be provided with a free hot lunch, a warm and creative space, refreshments throughout and a chance to connect with other LGBT+ people in her city.

\* We have changed the names in these stories for confidentiality.

“

The free lunch and free visit to Dynamic Earth really helped. I can't usually afford this sort of thing. It's been a really long time since I did anything for myself that's LGBT related, because of my two kids. I care about the environment too but I never really know what to do about it. It's really lovely to think about those things here.

”

# COUNSELLING SERVICE

## 215 people supported

A core part of our delivery remains the provision of LGBT+ inclusive counselling. This includes therapeutic one-to-one support, as well as group therapy sessions.

In Glasgow, we're pleased to be able to offer a specific counselling service for our trans and non-binary community members.



## Ocean's story\*

**Ocean** is a non-binary black asylum seeker who accessed the Trans Counselling Service and received 11 in-person sessions. They sought support to work on their self-esteem, confidence and self-acceptance. The fact that the service is specifically dedicated to trans and non-binary community members was the reason why Ocean referred themselves because "I come from a background where my sexuality and gender is considered a taboo and unacceptable. I felt a sense of belonging as the service specifically catered for people like me".

Prior to arriving in Scotland, Ocean reported a history of repeated and prolonged childhood trauma in their home country, where both their gender and sexual identity exposed them to risk of harm, discrimination and being jailed. They described unwanted re-experiencing of the traumatic events, anxiety, self-hatred as well as difficulties in their interpersonal relationships due to feelings of anxiety, shame and fear of judgement.

During counselling, Ocean learned to manage their emotions by exploring relaxation strategies and nightmare re-scripting. Over the course of the session, they noticed shifting from helplessness and suicidality to hopefulness as they learned to acknowledge and accept their feelings instead of fighting against them. From feeling worthless, they shared how they were starting to experience compassion towards their suffering.

“ I no longer feel like ending my life; though it's hard to open up, now I believe that people around me are here to help, all I need to do is to ask. Counselling has given me strategies and reasons to appreciate myself which has greatly improved my mental health and wellbeing. ”

Overall, Ocean shared that they now have hope in the future as they feel confident in their ability to continue looking after their mental health.

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# LGBT+ HELPLINE SCOTLAND

## 2,388 calls answered

In 2009, LGBT Health and Wellbeing took on the responsibility of delivering Scotland's only LGBT+ helpline.

2023-24 saw us celebrate 50 years of the helpline and we continue to evolve its delivery in line with community need.

In 2023-24 we were pleased to be able to introduce a freephone number for the first time in our 50-year history, along with introducing video calls for BSL users.

The Helpline provides telephone, live chat, and email support to LGBT+ people, those questioning their sexual orientation or gender identity, and those struggling to accept that part of who they are. The helpline also offers advice and support to family members, friends, and professionals.



## Terry's story\*

**Terry** is a gay man in his late 40's living in rural Aberdeenshire. For the last two years Terry has been living with long covid, and alongside the physical health impacts he has become more isolated and his mental health has been progressively getting worse. He has a good relationship with his GP who encouraged him to call our helpline.

When Terry first got in touch it took time for him to open up to us about the level of distress that he was in. Initially, he spoke of his physical health struggles and of the decline in his romantic and sexual life and a loss of confidence. He spoke about the shame he still felt after living as an out gay man for over 20 years. He opened up about a previous suicide attempt in his 20s and when asked directly, shared that he'd been having thoughts of suicide recently.

We were able to provide Terry with the time and understanding he needed to share some of his story and build up trust to open up about some of his deeper concerns. Using our skills in responding to suicide, we were able to have an open conversation about Terry's safety and discussed risks and supports by creating a safety plan together. Terry was also able to talk openly about his struggles meeting men, and changes to his sex life thanks to the affirming nature and safety of an LGBT+ helpline.

Terry shared that he felt "comforted and less alone" after speaking with us and as well as encouraging him to continue to call the helpline we were able to explore LGBT+ friendly counselling options and make a referral to our telefriending service.

“It's comforting to talk to someone about issues when you are lost and confused and don't have many people to talk to about it...I came away with some clarity about my next steps when I could not see a way forward.”

\*We have changed the names in these stories for confidentiality.



# CONVERSION PRACTICES SUPPORT

During 2023-24, thanks to funding from the Scottish Government, we introduced new, specialist support for people who have experienced, are at risk of experiencing, or are worried that they might experience conversion practices. This support is available via the helpline and through fast-track access to specialist face-to-face counselling.



## RAINBOW FAMILIES

Rainbow Families events are specifically for anyone looking to meet other LGBT+ parents, to share experiences and socialise in a family setting.

We also provide information events for LGBT+ parents, involving a range of topics to support families.



## LGBT AGE

### 561 engagements

The Age project offers a programme of wellbeing, social opportunities, and 1-1 support specifically for older LGBT+ people. These aim to reduce loneliness and isolation, and improve physical and mental health.

During 2023-24, we have increased our 'LGBT Age Goes to Town' offering in line with demand, providing the opportunity for older LGBT people to visit sites across Scotland.



# TELEFRIENDING

## 138 engagements

The Age project also includes a Telefriending service that offers regular befriending and signposting to community members.

During 2023-24, we have noted that many of our older community members are facing an increasingly complex mix of scenarios that are negatively impacting their health and wellbeing.



## Heather's story\*

**Heather** is a 65 year-old trans woman who lives in the Highlands with her wife. She feels isolated from the queer community and finds it difficult to socialise and get out and about due to both anxiety and her physical health - she is currently living with cancer and receiving chemotherapy.

Heather contacted us about the Telefriending service through our website. This was motivated by a change in life circumstances- receiving her diagnosis and starting treatment prompted her to reflect on her past, including difficult and traumatic experiences. She worried about becoming very reliant upon her wife. She realised that she might benefit from connecting with a person she could trust from the queer community, somebody else she could talk to. Having lived in rural areas most of her life, she felt that she did not have the opportunity to make LGBT friends in the past, which she now regrets.

Heather receives ongoing fortnightly calls from a telefriend who was matched with her based on shared interests in music and films, which they sometimes chat about.

Heather reflected that the Telefriending calls are something to look forward to the day after a treatment. She feels there is less strain on her relationship with her wife because she has someone else she can open up to and finds easy to talk to. She has found that she is talking more about things she enjoys in addition to talking about worries or problems, and that she feels more "balanced".

“Telefriending has made a difference, just talking and not getting wound up about it.”

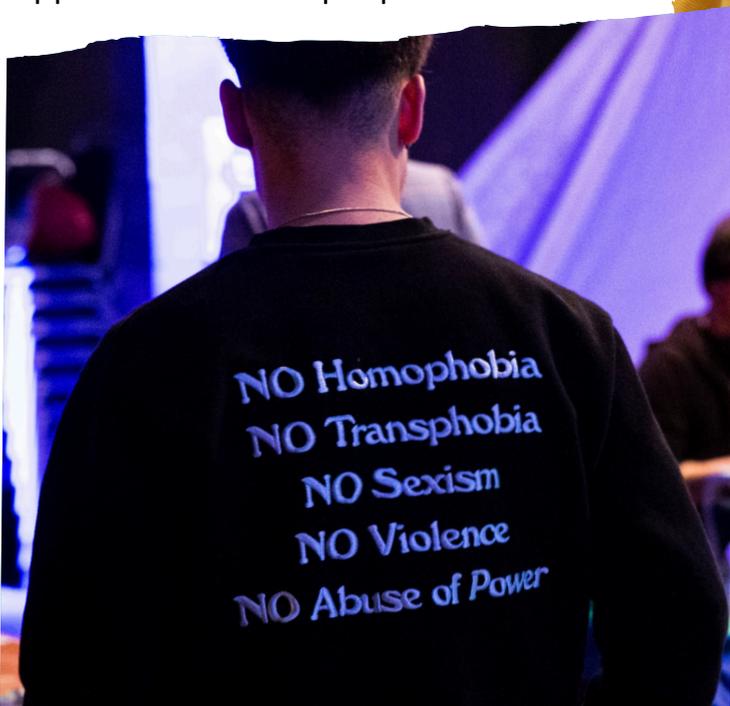
\* We have changed the names in these stories for confidentiality.

# Working for Change

Whilst providing much needed services for our community, we work to improve health and wellbeing for all LGBT+ people in Scotland. This includes sharing (with government, councils, mainstream organisations, academics, and others) the wealth of information that we hold as an organisation on the inequalities and inequities experienced by those most marginalised in our community, and working collaboratively with our community members to Work for Change. Our goal? To build a safer, affirming and more equitable society for all LGBT+ people. We envision a Scotland where no one's health and wellbeing is negatively impacted because of who we are or who we love.

## LGBT+ led and informed

In 2024 we worked collaboratively with LGBT+ people, to increase awareness of (and ultimately reduce) health inequalities experienced by those with the most acute need in our community. We successfully engaged **over 100 people in lived expertise work**, providing safer spaces and platforms for LGBT+ people to have their say on the issues that matter to them. These included: a New Scots Strategy with commitments to LGBT+ people seeking asylum, suicide prevention, a new National Care Service with trans inclusive systems and processes, a Learning Disabilities, Autism and Neurodivergence Bill that is intersectional and understands the needs of LGBT+ neurodivergent people, LGBT+ inclusive and informed Independent Advocacy Services and inclusive and affirming mental health and wellbeing support for all LGBT+ people.



Key areas where we worked for change this year included:

## MENTAL HEALTH

Our Work for Change is passionately focused on alleviating mental health inequalities for all LGBT+ people. In 2024 we were part of the Self-Harm Advisory Group at the Scottish Government, sharing our community's views and experiences with self-harm to ensure the [newly published Self-harm Strategy](#) committed to an intersectional, LGBT+ informed approach to harm reduction.

Our [National Policy Lead gave evidence](#) in Parliament to highlight the importance of targeted intervention for LGBT+ people and marginalised communities at risk of suicide, informed by the lived experience of those who use our services. We also supported community members of lived expertise to [give evidence to the Suicide Prevention Inquiry](#) in a private session held by the Equalities, Human Rights and Civil Justice Committee.

We continue to work with a range of partners to provide training, resources and support to ensure public and mainstream mental health services understand the needs of, and work for, all LGBT+ people.



## LGBT+ AFFIRMING HEALTHCARE

We supported community members who had experience with health and social care systems to engage in [National Care Service co-design work](#). We hosted lived expertise sessions, and published a survey which focused on LGBT+ people's views on independent advocacy and support.

# LGBT+ NEW SCOTS

We worked collaboratively with our New Scots community to ensure the acute inequalities experienced by LGBT+ people seeking asylum were recognised within [the Scottish Government's New Scots Strategy](#). We held a community consultation, with funding from the Scottish Refugee Council, and produced [a report](#) highlighting our community's views on how Scotland can improve opportunities for integration for LGBT+ people seeking asylum, and mitigate the impacts of the current system. We continue to work with a coalition of partner organisations throughout the UK to improve the unjust conditions for LGBT+ people in the asylum system.



# PUBLIC HEALTH

Alongside Glasgow Centre for Population Health, we produced [a thorough scoping review](#) on the Social Determinants of LGBT+ Health and Wellbeing. We've delivered workshops on our findings to third sector and public health professionals, and continue to advocate for the importance of understanding and reframing LGBT+ health and wellbeing inequalities as a public health emergency.



# NEURODIVERGENT LGBT+ PEOPLE

We held a consultation event with [our LGBT+ Autism Community Group](#) to discuss the Scottish Government's Learning Disabilities, Autism and Neurodivergence Bill Consultation. [Our community shared their perspectives](#) on the need for the Bill to be LGBT+ informed, and to understand the experience of neurodivergent people who are multiply marginalised.



# TRANS AND NON-BINARY PEOPLE

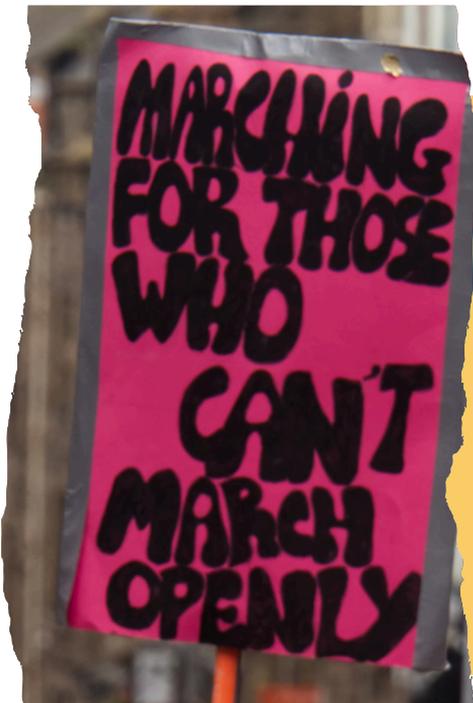
Our Work for Change focused on creating equitable access to healthcare for trans and non-binary people via the [Strategic Action Framework](#), this included engaging with the Gender Identity Healthcare Standards Consultation, sharing the knowledge we hold organisationally from supporting our trans and non-binary community. We also engaged trans and non-binary people who access health and social care support in [co-design sessions with Scottish Government](#) officials, and produced a Report dedicated to the intersectional needs of trans and non-binary people in health and social care.



## LGBT+ EQUALITY

In 2024 we submitted a response to the [Scottish Government's A Human Rights Bill for Scotland consultation](#). Highlighting the importance of human rights incorporation, and the inclusion of LGBT+ people as named Rights holders within the Bill.

Inequalities and the rolling back of Rights of LGBT+ people has a profoundly damaging impact on the health and wellbeing of our community. This year we supported [community members to engage in the Scottish Government's recent Ending Conversion Practices Consultation](#), and submitted a written response highlighting the importance of ending conversion practices here in Scotland, informed by the lived experience of our community.



## What's next?

Our Work for Change will continue to be intersectional, providing spaces for all LGBT+ people to have their say on the issues that are important to them. We are committed to alleviating health inequalities for all LGBT+ people, and to working with those most marginalised in our community to advocate for, and build, equity and equality.

Over the course of the next year we will focus on: improving gender affirming healthcare, issues important to older LGBT people, (including loneliness, housing, and inclusive care services), mental health, bi-women's inequalities, and other key issues raised by our community.

# Our team

None of this would be possible without our dedicated and passionate team. LGBT Health and Wellbeing currently consists of 26 staff (19.9 full-time equivalent) and 134 volunteers (volunteering 8492 hours of their time).

We have a strategic aim to attract and retain the best possible team of staff and volunteers who are suitably placed to serve our community. We do this by 'offering clear pathways to volunteering, employment, and development within the organisation', and 'ensuring that the team feels supported, valued and listened to'.

We recognise that being an LGBT+ person, or an active ally, whilst serving our community can cause particular and nuanced challenges for colleagues. Exposure to continuous micro-aggressions and political or media negativity that might otherwise be avoided, and an impact on our social relationships or use of queer spaces can risk having a detrimental impact on the health and wellbeing of colleagues.

Above our competitive Terms and Conditions of employment, colleagues are offered monthly support and supervision meetings, externally facilitated peer supervision, access to an Employee Assistance Programme, access to Learning and Development opportunities, and a Staff Wellbeing programme. We aim to nurture a culture where colleagues feel empowered to provide direct and continuous feedback to their managers and our People Support Coordinator about their experience as an employee, and for them to ask for what they need. We also conduct an anonymous annual staff survey in order to proactively check-in with our team. Comments from our latest staff survey include:

**26 STAFF**

**134 VOLUNTEERS**

volunteering **8,492** hours of their time

" I love working here and I know I'm well valued and supported by the team. "

" I really enjoy working at LGBT Health, and feel very fortunate to have the opportunity to connect with the community every day. "

" I think the organisation does really well to support our community and everyone who works for it. Our wellbeing is taken seriously which is important given how challenging our work is. I think LGBT Health are a really good employer. "



# Finance summary

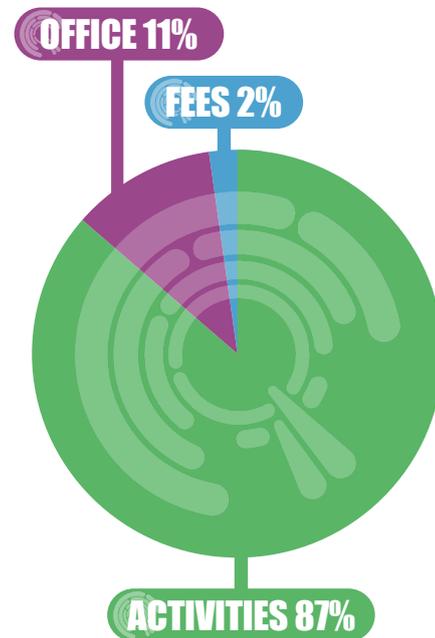
Over 2023/24 the organisation saw an increase in income of around 1.48% when compared with the previous year (2023-24: £963,471, 2022-23: £949,436).

The organisation continues to secure new contracts with a range of partners, along with the extension of previously-awarded contracts. NHS Lothian (£205,500), Glasgow Health and Social Care Partnership (£136,045), and the Scottish Government (£68,400) continue to fund specific projects and services within the organisation, and Edinburgh Integration Joint Board provides some core funding (£101,456).

## INCOME



## EXPENDITURE



Alongside this we have sought funding from local and national statutory funders, trusts and foundations to support the delivery of a range of services. We received project and core funding from 22 different funding streams, across 19 different funders.

We are extremely grateful to our statutory partners, the many trusts and foundations, and the individual and corporate donors who fund our work. Together, these contributions enable us to deliver our key support services to Scotland's LGBT+ community.

If you are interested in exploring ways to support our work, visit [lgbthealth.org.uk/fundraise](https://lgbthealth.org.uk/fundraise).







# lgbthealth.org.uk

**Scotland's health and wellbeing charity  
for LGBT+ adults**

We welcome the entire diversity of the lesbian, gay, bisexual and transgender (LGBT) community, including non-binary, queer, intersex, asexual people and all identities under the LGBTQIA+ community.

<b>OSCR</b> Scottish Charity Regulator <a href="http://www.oscr.org.uk">www.oscr.org.uk</a>	<b>Registered Charity SC034216</b>
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